



HE POU ORANGA TANGATA WHENUA

VOLUME 1, ISSUE 1

UPDATED 22 NOVEMBER 2007

**Te Rūnanga Hauora o Te Moana ā Toi (the Rūnanga) and
the Bay of Plenty District Health Board (BOPDHB)**

FREQUENTLY ASKED QUESTIONS

What is He Pou Oranga Tangata Whenua (HPOTW)?

- HPOTW is a framework that describes the tangata whenua world view of health and well-being or *toiora* according to iwi of the eastern and western Bay of Plenty region.

Who developed HPOTW?

- The Rūnanga and the BOPDHB have developed HPOTW with over two years of consultation, workshops and hui throughout the region.
- Whānau, hapū and iwi of the region were the main contributors to the framework.
- The Rūnanga and the BOPDHB have endorsed HPOTW as the kaupapa Māori framework that will guide much of their decision making in the future.

Why was HPOTW developed?

- HPOTW set out to describe the most essential elements of *toiora*. From this we would have a clear picture of what *toiora*, our goal, looked like.
- With this clear picture in mind we could be more accurate in developing things such as services, contracts, processes and partnerships to achieve the goal of *toiora*.
- To increase Māori participation in health at all levels.

Who was HPOTW developed for?

- HPOTW was developed for everyone involved in maximising health and independence and reducing disparities in our region.

5 great things about HPOTW

- Whānau, hapū and iwi of the BOP developed the framework; it's our thinking; our knowledge; our priorities...
- HPOTW (and IHP's) are vehicles of change: they can help transport us to where we want to go: we need to drive them forward.
- As tools, HPOTW (and IHP's) will undergo evaluation and review along their journey and so we know they will be improved over time. The key is we need to use them, to improve them.
- The framework is very simple to understand and apply. You start where you're at and grow from there.
- The Rūnanga/BOPDHB have committed to supporting groups wanting to utilise the framework.

MORE FAQ'S

What does HPOTW framework look like inside?

- HPOTW has 3 main parts and a growing collection of valuable tools.
- First, there is the **TOIORA MODEL**. This model:
- Identifies the essential elements of *toiora*
- Names *toiora* as the goal
- Is holistic. It shows the inter-

related nature of all elements in *te ao Māori*

- Endorses *te taha wairua* as fundamental to the state of *toiora*
- Validates the importance of tangible & intangible elements
- Part 2 is **HE POU ORANGA TANGATA WHENUA MODEL**. This model:
- Extends the TOIORA MODEL by adding 8 new elements or Pou Oranga

- Connects more closely to the wider determinants of health
- Connects directly to the organisational development tool
- Part 3 is **HPOTW framework**. It shows the key stakeholders that contribute to the aim of improving Māori health gains in the region.
- It can be extended to include other stakeholders and sector agencies to respond to the broader needs of whānau, hapū and iwi.

AND MORE . . .

What else is inside HPOTW?

- There are Tables explaining the concepts in the models.
- The Tables encourage iwi and other groups to write their own explanations of the concepts according to their own unique perspectives and knowledge.
- **Tools:** Two tools have been developed to assist with the development of kaupapa Māori in organisations and in particular describing practice (tikanga) based on kaupapa Māori principles.
- The beauty of the tools is

that the organisation works together to agree the way forward; they are inclusive.

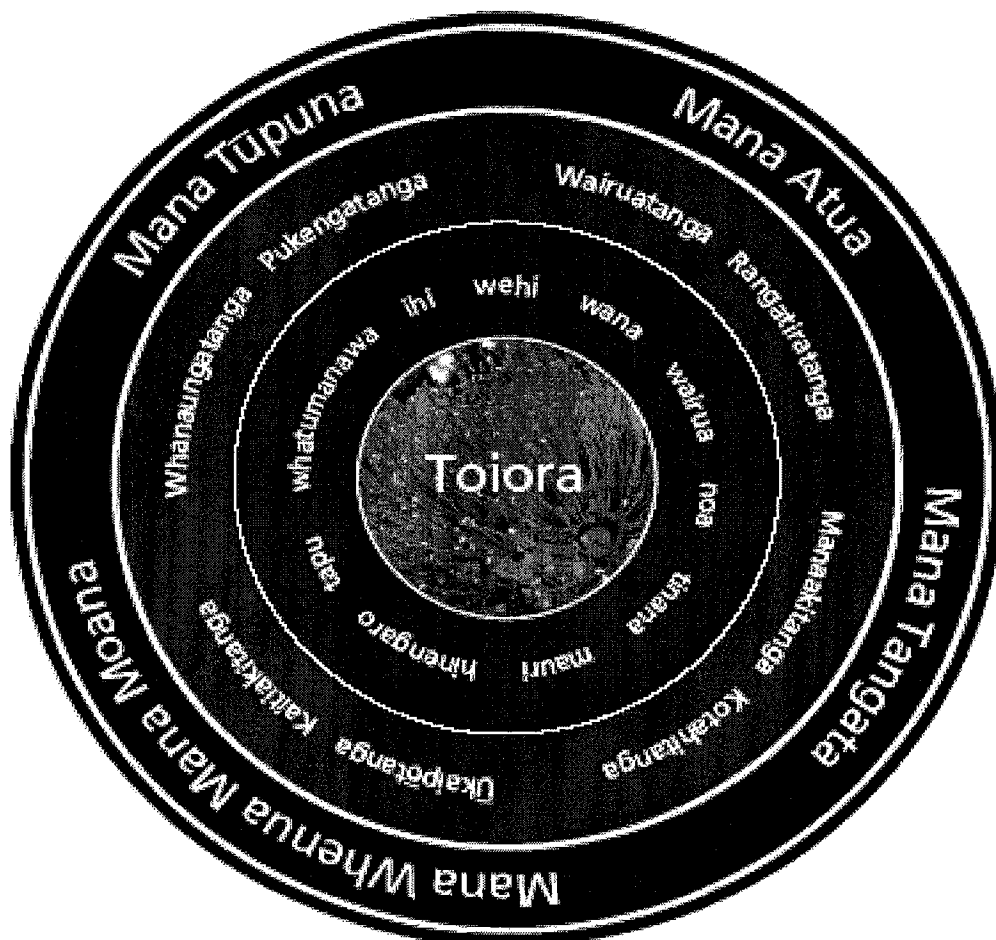
- Tools include a practical workshop and workbook and organisational assessment and development templates.

Is HPOTW a compulsory framework?

- Good question. The Rūnanga and BOPDHB see HPOTW as a minimum standards framework. This means it's the very least they would expect to see in a description of Toiora.

However groups may have a larger model—that's fine.

- Different groups use different terms for some of the elements in HPOTW framework; that's fine.
- Different groups will explain the elements differently; that's fine—that's what the Tables are for.
- The Rūnanga/BOPDHB recognises that different models can be saying the same thing—the important thing here is that HPOTW is the minimum standards framework.

Part 2: He tauira Pou Oranga Tangata Whenua *He Pou Oranga Tangata Whenua Model*

MORE IMPORTANT STUFF . . .

FEATURES HPOTW has:

- Simple, clear diagrams of the models
- Tables that guide not prescribe
- Tools that use an inclusive process to describe an organisations actions (tikanga) based on kaupapa Māori principles
- Tools that are practical
- Interactive training workshops and resources
- On-going support
- An opportunity to have more say about HPOTW when it is evaluated and reviewed
- A connection to other tools such as IHP's and He Ritenga
- A connection to the wider determinants of health

BENEFITS

- HPOTW is easy to pick up and understand
- Iwi and other groups retain their own mana and unique identity
- Everyone participates, everyone is valued, everyone can understand and apply the organisational tikanga they helped create
- The tools turn concepts into reality: describe and measure your own quality statements in kaupapa Māori terms
- There is an opportunity to develop HPOTW trainers to work amongst their own people
- There are resources available for groups to put their HPOTW ideas into practice
- Tangata whenua stay in control of the framework knowledge and the world view
- HPOTW does not conflict with other important tools
- HPOTW has wide applicability to the broader issues affecting health & well-being

How can HPOTW help us?

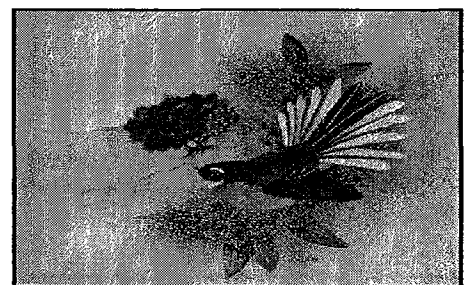
HPOTW can be applied in many ways, at many levels and by many different groups. It is a tool with great applicability, flexibility and accountability.

HPOTW is useful when:

- Describing your over-arching goals in health
- Developing Iwi Health Plans: it will guide you but not prescribe to you.
- Planning a service, developing new programmes or describing quality statements
- Developing person specs for new positions
- Involved in workforce development and training
- Making funding, purchasing and prioritising decisions
- Trying to define what kaupapa Māori services, programmes, organisations and contracts are
- When brokering relationships with others: e.g. providers, iwi, funders or even sectors

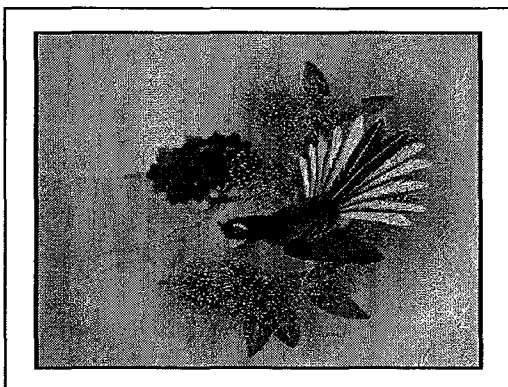
What were the introductory HPOTW hui about?

- We came back and showed what happened to HPOTW once all the consultation was over and updated everyone on where HPOTW is now
- We told people what is in HPOTW and ways they can use it
- We invited people to come to HPOTW Framework Iwi workshops
- We showed off some of the activities and how they work
- We answered all the questions we could and referred those we couldn't on to the right people for the right response



What will it take to make HPOTW successful?

- Leadership
- Support
- Liaison and communication



Specific tasks ...

- Be well informed about HPOTW
- Book yourself into a HPOTW framework workshop
- Distribute the Key Messages and other important information amongst the people
- Encourage as many people as possible to come to the workshop and get involved with HPOTW

What are Key Messages?

The Rūnanga and the BOPDHB want to ensure that the messages to all iwi and other groups in the community, are consistent. This is especially important for organisations like ours, where we have several spokespeople.

Three of our key messages about He Pou Oranga Tangata Whenua are:

KEY MESSAGES

- HPOTW is a framework that describes the tangata whenua world view of health and well-being or *toiora* according to iwi of the Bay of Plenty region.
- HPOTW is a tool that helps with the development of kaupapa Māori in organisations and is flexible and inclusive.
- Everyone interested in improving Māori health outcomes can utilise HPOTW.

For any queries about HPOTW; feel free to contact:

Moana Ngatai

Administrator Te Rūnanga Hauora

1 Garden Place, TAURANGA

temaimoa@xtra.co.nz

or

Lisa Currie

PA / Project Support

For Janet McLean, GM Māori Health

BOPDHB

lisa.currie@bopdhb.govt.nz

