



# live to play 2011

## ACTIVITIES CALENDAR

1 OCTOBER - 31 OCTOBER

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# 6 YEARS of live to play



Since 2006 Live to Play Month has seen thousands of people getting out into new places and trying new activities.

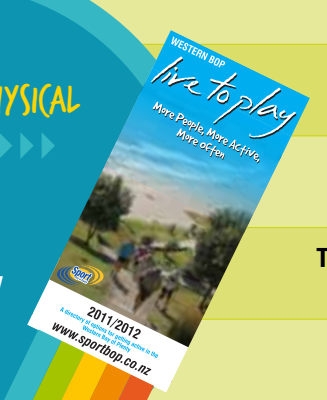
Once again Tauranga City Council, Sport Bay of Plenty, YMCA and Tauranga Leisure invite you to discover our fantastic parks, reserves and facilities. Your council, local clubs and organisations have pitched in to offer fun activities for all ages and abilities.

**FIND OUT MORE**

[www.tauranga.govt.nz](http://www.tauranga.govt.nz) for info about parks, playgrounds and community facilities  
[www.sportbop.co.nz](http://www.sportbop.co.nz) for info about physical activity options across the whole Western Bay

### LIVE TO PLAY PHYSICAL ACTIVITY GUIDE

Pick one up from Tauranga City Council, Sport Bay of Plenty or your local library.



ACTIVITIES SUITABLE FOR PEOPLE WHO ARE NEW TO EXERCISE  
 ACTIVITIES SUITABLE FOR PEOPLE WITH PHYSICAL DISABILITIES

### LIVE TO PLAY WEEKEND HIGHLIGHTS

Full details in the calendar.

- 1** **Mount Maunganui Lifeguard Service Have a Go Day!** - Sunday 2 October
- 2** **TECT Arena DHB Family Fun Day** Sunday 9 October
- 3** **McLaren Falls Glow Worm Walk** Friday 14 and Sunday 16 October
- 4** **Tree Climbing - Yatton Park** Sunday 16 October
- 5** **Waka Ama - Have a Go!** Sunday 23 October
- 6** **TECT All Terrain Park Discovery Day** Saturday 29 October
- 7** **Memorial Park Have a Go Day!** Sunday 30 October

### TECT ARENA AT BAYPARK: A NEW FACILITY FOR OUR GROWING CITY

TECT Arena at Baypark adds nine courts of sporting and event space to Tauranga City's indoor sports network. Anyone can hire a court at the TECT Arena. (Get a group together for a game of basketball or netball on the weekend - if you have two teams of 8 adults it will only cost each person \$1.70 per hour.) The TECT Arena is managed and operated by TCVL.

For bookings and info phone 574 6009 or visit their website [www.baypark.co.nz](http://www.baypark.co.nz).

DISCOVER THE PLAYGROUND ON YOUR DOORSTEP WITH LIVE TO PLAY THIS OCTOBER!

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MAJOR SPONSOR:

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DATE	TIME	EVENT	LOCATION	BOOKING REQUIRED	CONTACT	COST	FITNESS LEVEL	AGE	WHAT TO BRING
Friday 30th September	3:00pm	Fulton Hogan Corporate Challenge	The Strand	Yes	Jane Coleman 577 7000	FREE	Low	Adults	Costume/corporate clothing
Saturday 1st October	9:30am	Family Fun orienteering	The Lakes Sales Pavilion	No	Sport Bay of Plenty 578 0016	FREE	Low	Families	Picnic, sun hat, comfortable footwear and clothing.
Saturday 1st October	9:00am-5:00pm	Etkick 2011 Multi-cultural community day. A 5-a-side football tournament with teams representing ethnic groups. Food stalls, entertainment.	Fergusson Park, Matua	Yes for football teams.	Brian Pointon 021 473 213	\$5 per football player. Free to spectators.	MOD	15-50 years	Football boots, team uniform, drink bottles, sunscreen.
Saturday 1st October	9:00am - 12:00pm 1:00 - 3:00pm	Have a Go at Bowls in Matua Come and have a go at outdoor bowls.	Bowls Matua, Levers Road	Yes	Phil Green 576 3516	FREE	Low MOD	12+ years	Flat soled shoes and a smile.
Sunday 2nd October	12:45pm	Golf Croquet Opportunity to try playing golf croquet. A fun, easy way to exercise in a social situation.	Croquet lawns at TGA Domain, Cameron Road.	No	Peter Button 571 0633	FREE	Low	9-109 years.	Flat sole shoes, all equipment supplied.
Sunday 2nd October		Living Legends Living Legends is a community conservation project that is coordinating native tree planting projects as part of the Real NZ Festival. This planting is dedicated to regional 'Rugby Legend' Hika Reid who has been selected for his significant contribution to rugby in New Zealand.	Kaituna Wetlands	Yes	Register for the planting at <a href="http://www.livinglegends.co.nz">www.livinglegends.co.nz</a>	FREE	Low MOD	All ages	Sunscreen
Sunday 2nd October	10:00am	Main Beach Sandcastle competition	Main Beach in front of surf club	No	Stephanie Brackstone 577 7000	FREE	Low	All ages	Spades - only use what's on the beach.
Sunday 2nd October	9:30am - 12:30pm approx	Mount Maunganui Lifeguard Service Have a Go Day! Have a go board and ski paddling, row a surf boat, Kids' beach flags, Kids' treasure hunt, rides, sausage sizzle and more!	Mount Maunganui Lifeguard Service	No	Karen Bark 021 724 572	FREE	Low MOD	All ages.	Togs, towel.
Monday 3rd October	7:30pm	Badminton Social Badminton - racquets available.	Bethlehem College Events Centre - Elder Lane	No	Sue Stevens 543 0035	\$8	Low	18+ years	Drink bottle, sports shoes.
Monday 3rd October	4:15 - 5:15pm	Taekwondo Kids Fun Class Fun introduction for kids to taekwondo. Many skills showcased and juniors can participate with expert black belt supervision.	Otumoetai Action Centre, Windsor Road	No	Christine Young 021 980 878	Gold Coin Donation	Low	4 - 12 years	Comfortable clothing
Monday 3rd October	9:00am 9:30am 10:00am	Aqua Babes Trial Lessons	Baywave	Yes	575 0276 ext 7916	FREE	Low	Parents with children under 3yrs	Swimwear, towel.
Tuesday 4th October	9:15am	Mount Joggers and Walkers Join in with the Mount Joggers and Walkers group, there are walking, running and jogging options. Club offers child minding service, gold coin.	Scout Hall on May St, Mount Maunganui	No	Jill Fuller 027 472 7907	FREE	Low MOD HIGH	Adults of all ages and abilities.	Running/walking shoes, drink bottle.
Tuesday 4th October	9:30am - 10:30am	Aqua Aerobics	Greerton Aquatics Centre	Yes	541 0868	\$5	Low	Adults	Swimwear, towel, drink bottle.
Tuesday 4th October	12:45pm	Golf Croquet Opportunity to try playing golf croquet. A fun, easy way to exercise in a social situation.	Croquet lawns at TGA Domain, Cameron Road.	No	Peter Button 571 0633	FREE	Low	9-109 years.	Flat sole shoes, all equipment supplied.
Tuesday 4th October	11:55am - 12:55pm	Historic Inner-city Lunchtime Walk Learn about the important places in early Tauranga from 1820 - 2010. Exercise your mind and body and meet new people.	Bottom of Wharf Street by the railway crossing.	No	Ned Nicely 577 7205	FREE	Low	5+ years	Water bottle, sunhat, snacks.
Wednesday 5th October	9:00am - 10:30am	Recycled Teenagers Gentle exercise for mature adults, also suitable for accident or illness rehabilitation.	TGA Senior Citizens Club	Yes	Jennifer Butler 571 1411	1st class free	Low	50+ years	Comfortable clothing.
Wednesday 5th October	11:30am - 12:30pm	Social Table Tennis Have a go at Table Tennis, organised games.	Queen Elizabeth Youth Centre	Yes	578 6090	FREE	Low MOD	Adults	Comfortable clothing, paddles and balls provided.

DATE	TIME	EVENT	LOCATION	BOOKING REQUIRED	CONTACT	COST	FITNESS LEVEL	AGE	WHAT TO BRING
Wednesday 5th October	7:30pm	Ceroc Dance Class Beginners Ceroc dance class, no partner or experience required.	Elizabeth St Community Centre	No	Paulina Tarry 027439 1997	\$15	MOD	15+ years	Water bottle, smooth soled shoes.
Wednesday 5th October	12:10pm	Body Pump	Baywave Clubfit	Yes	575 0276 ext 7931	\$10	MOD	Adults	Sport clothing, shoes, drink bottle.
Thursday 6th October	10:00am	Pre-School Moves and Grooves Pre school music and movement class incorporating basic child exercises.	Papamoa Community Centre, 15 Gravatt Road	Yes	Erica Ross 577 7362	\$5 per child	Low	1-4 years	
Thursday 6th October	9:05am	Aqua Zumba	Baywave Pool	Yes	575 0276 ext 7900	\$5	Low	Adults	Swimwear, towel, drink bottle.
Saturday 8th October	9:00am - 12:00pm	BooBoPS Dragon Boat Club open Day An opportunity to give Dragon Boating a try, one of the fastest growing sports. Promoting breast cancer awareness. Breast cancer survivors invited to talk and paddle with other survivors.	Marine Park, Cross Roads Sulphur Point.	No	Judith Butler 027 365 1553	FREE	MOD	13+ years. Must be able to swim 50 meters.	Towel, change of clothes, no jeans.
Saturday 8th October	8:30am - 11:00am	Celebrate the Mount Celebrate beautiful Mount Maunganui by walking up the Mount wearing your rugby supporters gear. Sign up at the registration desk and help us get as many people possible to the top.	Registration desks outside main beach surf club and pilot bay	No	Sport Bay of Plenty 578 0016	FREE	MOD	All ages	Walking shoes, sun hat, drink bottle.
Saturday 8th October	10:00am - 2:00pm	Papamoa Swimming Club open Day	Papamoa Swimming Pool, Parton Road	No	Paul Ili 027 563 5601	FREE	Low	All ages (small children require supervision)	Togs, towel.
Sunday 9th October	10:00am - 2:00pm	TECT Arena DHB Family Fun Day Come and have a go at a wide range of activities, sports and games. Suitable for all the family, basketball, badminton, wheelchair sports, volleyball, obstacle course, expo area and more.	TECT Arena at Baypark	No	0508 732 732	FREE	Low	All ages	Comfortable clothes and footwear, drink, lunch, Cafe food available for purchase.
Sunday 9th October	10:00am - 12:00pm	Have a Go Day! - Tauranga Bowling Club An opportunity to try outdoor bowls.	TGA Bowling Club, TGA Domain.	Yes	Ian Foggo 552 4784	FREE	Low	Adults	Flat sole shoes
Sunday 9th October	10:00am	Have a Go Day! - Gate Pa Bowling Club Join in and have a go at bowls at the Gate Pa bowling club.	Gate Pa Bowling Club	No	Kath Fisher 571 3563	\$2 per person	Low	13+ years	Flat soled shoes.
Sunday 9th October	1:00pm - 3:00pm	Have a Go Day! - Mount Maunganui Bowling Club	Mount Greens sport site	No	Don Corry 574 6677	FREE	Low	All Ages	Flat soled shoes.
Sunday 9th October	9:15am	Friends & Families wanna have fun - Beach Walk. TGA Breast Cancer support services fun walk. 2km and 4km option. Everyone welcome.	Surf Club, Papamoa Beach	No	Fran Fuller 542 0840	Donation	Low	All Ages	Suitable footwear, hat drink bottle. Pink clothing.
Sunday 9th October	12:00 - 3:00pm	Treasure Hunt and Inflatables	Otumoetai Pools	Yes	576 0437	\$1.80	Low	Children	Swimwear, towel.
Monday 10th October	7:00pm	Le Bop Dancing Give Le Bop a go. Suitable for people who have never danced before and those who have. No partner necessary.	13th Ave TGA Baptist Church Hall	Yes	Ken Rowe 578 3972	FREE	Low	15+ years	Comfy shoes or sneakers.
Monday 10th October	9:30am - 3:00pm	Waikato Bay of Plenty Football coaching Football coaching skills and games. Children split into age and ability groups.	TECT Arena at Baypark	Yes	0508 732 732	\$30 per day	Low	5-13 years	Morning tea, lunch, drink bottle.
Tuesday 11th October	9:30am - 3:00pm	Waikato Bay of Plenty Football coaching Football coaching skills and games. Children split into age and ability groups.	TECT Arena at Baypark	Yes	0508 732 732	\$30 per day	Low	5-13 years	Morning tea, lunch, drink bottle.
Tuesday 11th October	1:00pm	Leisure Marching	Links Ave Sports Ground, Mt Maunganui	No	Dorothy Smith 579 5232	\$4	MOD	50+ years	Walking shoes.
Tuesday 11th October	9:30am - 10:30am	Aqua Aerobics	Greerton Aquatics Centre	Yes	541 0868	\$5	Low	Adults	Swimwear, towel, drink bottle.
Wednesday 12th October	9:30am - 3:00pm	Waikato Bay of Plenty Football coaching Football coaching skills and games. Children split into age and ability groups.	TECT Arena at Baypark	Yes	0508 732 732	\$30 per day	Low	5-13 years	Morning tea, lunch, drink bottle.

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Wednesday 12th October	12:10pm	Body Pump	Baywave Clubfit	Yes	575 0276 ext 7931	\$10	MOD	Adults	Sport clothing, shoes, drink bottle.
Thursday 13th October	5:30pm – 9:00pm	Turbo Touch™ – World Cup Business House Tournament Adopt one of the 20 teams taking part in the world cup, dress up and play the new exciting game of Turbo Touch™.	TECT Arena at Baypark	Yes Get in quick only 20 team places.	Sport Bay of Plenty 578 0016	\$30 per team (8-10 people in a team)	MOD	Adults	Drink bottle, snacks and adopted team rugby gear. Canteen/bar facilities available.
Thursday 13th October	5:30 – 7:00pm	Taekwondo Family Time Try out Taekwondo, a dynamic martial art that teaches mental discipline and physical skills for self defense.	Pillans Point School.	No	Christine Young 021 980 878	Gold coin donation	LOW	5+ years	Comfortable clothes drink bottle.
Thursday 13th October	10:00am – 12:30pm	Holiday Sports Includes soccer, touch, basketball, uni hockey, dodgeball, relay races/obstacle course, badminton.	TECT Arena at Baypark	Yes	Robyn King 0508 732 732	\$6	MOD	5-13 years	Snack, drink bottle, suitable clothing.
Thursday 13th October	7:00 – 9:00pm	Have a go Badminton Great for players of all levels. Have a social hit with friends and family or test your skills against some more competitive players. Rackets are available and shuttles provided.	Queen Elizabeth Youth Centre 0508 RECREATION	Yes	Kelly Ngawhare 578 6090	FREE	LOW MOD	12+years	Drink bottle, sports shoes.
Thursday 13th October	11:55am – 12:55pm	Historic Inner-city Lunchtime Walk Learn about the important places in early Tauranga from 1820 – 2010. Exercise your mind and body and meet new people.	Bottom of Wharf Street by the railway crossing.	No	Ned Nicely 577 7205	FREE	LOW	5+ years	Water bottle, sunhat, snacks.
Thursday 13th October	9:05am	Aqua Zumba	Baywave Pool	Yes	575 0276 ext 7900	\$5	LOW	Adults	Swimwear, towel, drink bottle.
Thursday 13th October	6:00pm - 8:00pm	Tae Kwondo	Te Puna Hall	No	Gwyn Brown 027 458 7871	FREE	MOD	4+ years	Comfortable clothing and a happy disposition
Thursday 13th October	8:00pm	Salsa on the Strand Bay Salsa presents this fun filled night every Thursday. It kicks off with an intro class followed by social dancing – it's a great place to meet and greet plus get a taste of all things Latin!	The Buddha Lounge	No	Dean Christie 021 589 600	\$2	LOW	Adults 18+	Just yourself, no partner or experience required.
Friday 14th October	9:15am	Mount Joggers and Walkers Join in with the Mount Joggers and Walkers group, there are walking, running and jogging options. Club offers child minding service, gold coin.	Scout Hall on May St, Mount Maunganui	No	Jill Fuller 027 472 7907	FREE	LOW MOD HIGH	Adults of all ages and abilities.	Running/walking shoes, drink bottle.
Friday 14th October	10:00am – 4:00pm	Waimarino Awesome Action Day Come and try all our free activities or buy tickets at the park for our great outdoor adventure activities. Slip'n'slide, low ropes course, Tarzan swing, kayaking, mini jeeps, horizontal bungee and loads more!	Waimarino Adventure Park	No	Drew Copestake 576 4233	Entry: \$3 Children, \$5 Adults	MOD	All ages	Swimwear, towel, wetsuit.
Friday 14th October	7:45pm	Glow Worm Walk A guided walk about 1.5 hours on the waterfall track in the dark. Dress warmly and for rain.	McLaren Falls Park, new visitor centre	No	Gary Borman 577 7000	FREE	MOD	All ages	Torch, sturdy footwear, wet weather gear.
Friday 14th October	12:45pm	Golf Croquet Opportunity to participate playing golf croquet. A fun, easy way to exercise in a social situation.	Croquet lawns at TGA Domain, Cameron Road.	No	Peter Button 571 0633	FREE	LOW	9-109 years.	Flat sole shoes, all equipment supplied.
Saturday 15th October	10:00am	Give it a go Hockey!	Tauranga Hockey Centre, Kawaka Street, Mount Maunganui	No	Lynn Whitaker 021 442 420	FREE	MOD	5+ years	Comfortable footwear and clothing suitable for activity. Stick and soft balls will be provided
Saturday 15th October	11:00am – 2:00pm	'Wahine on Water' – Stand Up Paddling Come and join in for a fun open day of women's paddling. Learn to stand up paddle, tune your paddle technique, spot prizes.	Pilot Bay car park opposite corner of Grace Ave and The Mall.	Yes	Hiria Rolleston 021 886552	\$10 per person	LOW	8yrs+	Togs, towel, sunscreen, camera for memories.
Saturday 15th October	11:30am - 12:15pm	Zumba Fitness	Arataki Community Centre	No	Carla Beazley 021 838 829	FREE	MOD	All Ages	Water, sweat towel
Saturday 15th October	12:15pm - 12:45pm	Hip Hop Dance Class For 5-8 year olds	Arataki Community Centre	No	Carla Beazley 021 838 829	FREE	LOW	5-8 years	Drink
Saturday 15th October	12:45pm - 1:30pm	Hip Hop Dance Class For 9-13 year olds	Arataki Community Centre	No	Carla Beazley 021 838 829	FREE	LOW	9-13 years	Drink
Saturday 15th October	10:00am and 7:00pm	TECT All Terrain Park Te Reranga Tunnel Walk Join a guide on a one hour walk through pines and bush to the Te Reranga tunnel, to check out the glow worms.	TECT All Terrain Park Arrival Centre	Yes	Jarron McInnes 027 540 0053	FREE	LOW	All ages	Sturdy footwear, warm layers, picnic dinner.
Saturday 15th October	10:00am – 3:00pm	Have a Go Kayaking An opportunity for all ages and abilities to have a go at kayaking, try out some different kayaks.	Pilot Bay, Mount Maunganui	No	Estelle Leyshon 574 7415	\$5 per person, per session	LOW	8+ years	Swimwear, warm clothing or wetsuits, towel
Saturday 15th October	9:30am – 11:00am	Tai Chi Have a Go A simple look and try Tai Chi experience.	15 Koromiko St, Judea	No	Kitty 021 1633 053	FREE	LOW	Adults	Comfortable clothes and shoes
Saturday 15th October	1:00pm – 4:00pm	Connecting Families Day Free event for the family. Lots of fun activities including face painting, bouncy castles, competitions.	Arataki Community Centre	Yes	Sophie at YMCA 578 9272	FREE	LOW	Families	
Sunday 16th October	8:30am	Tauranga Tramping Club open Day Walk Otanewainuku Rimu loop and waterfall, return plus Otanewainuku Lookout Track	11th Avenue Car park – opp – Mad Butcher	No	Mike Burrett 548 0122	FREE	LOW	10+ years	Lunch, drink, warm clothing, parka, boots or trainers. No dogs
Sunday 16th October	2:00pm	City on its Feet – Walk the Canals Join City on its Feet groups on a walk around the canals – enjoy the beauty of McLaren Falls.	The Falls Café, McLaren Falls.	No	Christine 543 1069	FREE	LOW	All ages	Comfortable walking shoes.
Sunday 16th October	10:00am – 1:00pm	Tree Climbing Fun, free climbing activities for children – bring bike helmets.	Yatton Park	No	Richard Conning 577 7151	FREE	LOW	3-13 years	Bike helmets must be worn. Bring warm clothes.
Sunday 16th October	10:00am – 12:00pm	Waka Ama – Have a Go! Have a go at this amazing sport – one go and you will be hooked.	Cross Road – Outside Tauranga Fish and Dive Club. By Sulphur Point Boat Ramp.	Yes	Cynthia Hamor 027 6049 446	FREE	MOD	12-70 years	Shorts, T-shirt, polypro (no jeans or long pants).
Sunday 16th October	12:45pm	Tauranga BoP Petanque Social Petanque, fun gentle exercise, bowls provided.	Cliff Road Petanque Pistes	Yes	Annette Forrest 576 0479	FREE	LOW	All ages.	Suitable sports shoes, hat.

DATE	TIME	EVENT	LOCATION	BOOKING REQUIRED	CONTACT	COST	FITNESS LEVEL	AGE	WHAT TO BRING
Sunday 16th October	7:45pm	Glow Worm Walk A guided walk about 1.5 hours on the waterfall track in the dark. Dress warmly and for rain.	McLaren Falls Park, new visitor centre	No	Gary Borman 577 7000	FREE	MOD	All ages	Torch, sturdy footwear, wet weather gear.
Sunday 16th October	10:30am	Tauranga Western Riding Club Day Come and check out the Tauranga Western Riding Club day. Demonstrations at 11:00am and 1:00pm.	All weather arena at Tauranga racecourse	Yes	Stella Jones 543 2117	FREE		All ages	Suitable clothing.
Tuesday 18th October	9:30am – 10:30am	Aqua Aerobics	Greerton Aquatics Centre	Yes	541 0868	\$5	LOW	Adults	Swimwear, towel, drink bottle.
Tuesday 18th October	11:55am – 12:55pm	Historic Inner-city Lunchtime Walk Learn about the important places in early Tauranga from 1820 – 2010. Exercise your mind and body and meet new people.	Bottom of Wharf Street by the railway crossing.	No	Ned Nicely 577 7205	FREE	LOW	5+ years	Water bottle, sunhat, snacks.
Wednesday 19th October	6:00pm – 9:30pm	Cooney Lees Morgan Corporate Sports Night An invitation only corporate event where participants swap their suits and ties for shorts and tees as they are pitted against each other in a variety of sports including netball, touch, soccer and volleyball.	TECT Arena at Baypark	Yes invite only	Yvonne 578 2099	FREE	MOD	Adults	The usual fun flavour of competitive lunacy.
Wednesday 19th October	12:10pm	Body Pump	Baywave Clubfit	Yes	575 0276 ext 7931	\$10	MOD	Adults	Sport clothing, shoes, drink bottle.
Thursday 20th October	10:00am – 12:30pm	Holiday Sports Includes soccer, touch, basketball, uni hockey, dodgeball, relay races/obstacle course, badminton.	TECT Arena at Baypark	Yes	Robyn King 0508 732 732	\$6	MOD	5-13 years	Snack, drink bottle, suitable clothing.
Thursday 20th October	9:05am	Aqua Zumba	Baywave Pool	Yes	575 0276 ext 7900	\$5	LOW	Adults	Swimwear, towel, drink bottle.
Friday 21st – Sunday 23rd October	Phone for details	Bay Salsa Festival A jam packed weekend full of dance workshops, shows, parties and Zumba! NZ's finest will be teaching and performing at this event.	Various locations around Tauranga. www.baysalsa.co.nz	No	Karen Saunders 021 045 4235	Costs vary – some free events.	LOW	8+ years	Comfortable clothes and shoes, willingness to have fun!
Sunday 23rd October	10:00am	Smiths Sport Shoes Tauranga Trail Run 26km or 13km off-road walk/run. 4km walk/run for children.	TECT All Terrain Park	Yes	Scott Furness 021 042 6515	Entry fee \$5-\$30.	MOD HIGH	5+ years	Running/walking shoes, warm clothing, sport clothing.
Monday 24th October	9:00am 9:30am 10:00am	Aqua Babes Trial Lessons	Baywave	Yes	575 0276 ext 7916	FREE		Parents with children under 3yrs	Swimwear, towel.
Tuesday 25th October	1:00pm	Have a go at Bowls Join in and have a go at bowls at the Gate Pa bowling club.	Gate Pa Bowling Club	No	Kath Fisher 571 3563	\$2 per person	LOW	13+ years	Flat soled shoes.
Tuesday 25th October	5:30pm – kids 6:30pm – adults	Shotokan Karate – New Learners' class	Otumoetai Scout Hall, 140 Grange Road.	Yes	Bill Hall 576 5114	FREE	LOW	7+ years	Loose fitting clothing.
Tuesday 25th October	9:30am – 10:30am	Aqua Aerobics	Greerton Aquatics Centre	Yes	541 0868	\$5	LOW	Adults	Swimwear, towel, drink bottle.
Wednesday 26th October	10:45 – 11:45am	Fermland Spa Exercise Class Gentle exercise in the warm natural soda spring water.	Fermland Spa, 250 Cambridge Road	Yes	Jennifer Butler 571 1411	\$3.50 class + pool entry	LOW	Mature Adults	Swim suit, towel, water bottle, sunglasses, hat.
Wednesday 26th October	9:00am	Pedal Matua Enjoy a cycle around the Matua and Fergusson Park area (1 hour).	Meet at Fergusson Park entrance.	No	Nicki Sport Bay of Plenty 578 0016 ext 829	FREE	LOW MOD	16+ years	Off-road bike and helmet.
Wednesday 26th October	12:10pm	Body Pump	Baywave Clubfit	Yes	575 0276 ext 7931	\$10	MOD	Adults	Sport clothing, shoes, drink bottle.
Thursday 27th October	7:30pm	orange city square and round Dance club Modern American Square Dancing	Legion of Frontiersmen Hall, Elizabeth Street	No	Noel & Pauline Swanton 543 1063	FREE	LOW	15+ years	Flat shoes.
Thursday 27th October	6:00pm	Slog it out for Foodbank obstacle Relay Teams of 4 'slog it out' to finish first in the army style relay. Loads of fun and laughs to be had. Prizes for best dressed and the winners.	Tauranga Domain	Yes – register your team.	Nikki Sport Bay of Plenty 578 0016 ext 829	10 cans per team for Foodbank.	MOD	18+ years	Drink bottle, spare clothes, towel.
Thursday 27th October	9:05am	Aqua Zumba	Baywave Pool	Yes	575 0276 ext 7900	\$5	LOW	Adults	Swimwear, towel, drink bottle.
Thursday 27th October	11:55 – 12:55pm	Historic Inner-city Lunchtime Walk Learn about the important places in early Tauranga from 1820 – 2010. Exercise your mind and body and meet new people.	Bottom of Wharf Street by the railway crossing.	No	Ned Nicely 577 7205	FREE	LOW	5+ years	Water bottle, sunhat, snacks.
Saturday 29th October	10:00am-8:00pm	TECT All Terrain Park Discovery Day Multi-event showcase of activities and user groups across the park and throughout the day.	TECT All Terrain Park Arrival Centre	Yes	Ric Balfour 07 5796600	FREE	LOW	All ages.	Sturdy shoes, warm layers, lunch.
Saturday 29th October	1:00-2:15pm 2:30-3:45pm	STEPS Performing Arts Musical theatre and theatre craft dance. Working at theatrical performance consisting of singing, dancing, drama. Aim of the class is to have a balanced performance and fun.	Dance Studios, Dive Crescent.	Yes	Paula Harrison 021 274 4116	\$5	LOW	1:00-2:15pm 4-7 years 2:30-3:45pm 8-12 years	Wear leggings, t-shirt, shorts. Jazz ballet shoes or bare feet, water bottle.
Saturday 29th October	10:00am	Frocks on Bikes 'Connect the parks' bicycle tour at the Mount Come ride with frocks on bikes as we tour the Mount neighbourhood connecting local parks and reserves. 10km ride join other frockers for drink at a local café following.	Meet at Hopukiore (Mount Drury), Marine Parade	Yes	Holly Hill 0210 263 7615	FREE	MOD	Adults	A road worthy bicycle, helmet, drink bottle and a smile.
Sunday 30th October	10:00am – 2:00pm	Memorial Park Have a go Day! Have a go at a range of different sports and activities, including basketball, table tennis, badminton, volleyball, uni-hockey, golf, zorb, horizontal bungee, YMCA treasure hunt and loads more!	Memorial Park, QEYC and Memorial Hall	No	Kelly Ngawhare 578 6090	FREE	LOW	All Ages	Picnic lunch, sunscreen.
Monday 31st October	9:30am – 12:00pm	Mums Morning Netball Social netball for ladies, child supervision provided.	Queen Elizabeth Youth Centre	Yes	Kelly Ngawhare 578 6090 Txt netball@QEYC to 5405 for info	Free – for new registrations	MOD	17+ years	Drink bottle, sports shoes, appropriate clothing.
Monday 31st October	3:30pm	Beginners Ballet Class Yvonne Edwards School of Dance Fun introduction to dance class featuring music, mime and movement.	Bethlehem Hall	Yes	Yvonne 021 169 4265	FREE		4, 5, 6 year olds	Comfortable clothing