

Criterion	Category	Category Description Assign patient to highest scoring category that applies and tick the descriptor that best describes your patient. Patient must be on optimal medical therapy at time of rating.	Tick as appropriate	Weighting
Pain	1.1	No Pain		0
	1.2	Episodic activity-related pain		4
		May use occasional analgesics		
	1.3	Daily pain with weight-bearing activity		10
		2-3 times/week prn use of simple analgesics/NSAIDs		
	1.4	Pain which cannot be ignored with activity and at rest		19
Sleep disturbance 2-3 times / week due to pain				
Daily analgesics / NSAIDs				
1.5	Dominates life and interferes with sleep every night		27	
	Pain poorly controlled by analgesics			
Personal functional Limitation DUE to Hip or Knee Orthopaedic Condition	2.1	No Limitation		0
	2.2	Minimal restriction of personal activities e.g. trouble reaching toes		3
		Walking stick used for longer walks		
	2.3	Moderate restriction of personal activities e.g. required help with socks/shoes		9
		Requires help cutting toenails		
	2.4	Use of walking stick indoors and outdoors		18
Severe restriction of personal activities e.g. requires help with dressing or showering				
		Consistently uses 2 crutches or wheelchair		
Social Limitation DUE to Hip or Knee Orthopaedic Condition	3.1	No Limitation		0
	3.2	Mild Restriction eg can walk > 1 hour		4
		Some limitation of leisure activity e.g. golf or tennis		
	3.3	Moderate Restriction e.g. can walk 15 – 60 mins		10
		Significant limitation of leisure activity		
	3.4	Can manage garden or bowls		19
		Severe Restriction e.g. can't walk > 15 mins – slow		
		Difficulty with steps and stairs		
		Severe limitation on leisure activity – can't maintain garden		
		Requires help with shopping		
	3.5	Some limitation to work		23
Profound Restriction e.g. confined to the property				
Shopping done by others				
Requires meals on wheels or other domestic help				
		Can't work due to Orthopaedic condition		
Potential to Benefit from Operation (for patient, dependents or community)	4.1	Small improvement likely – significant residual symptoms +/- functional limitation		0
	4.2	Moderate improvement likely – some residual symptoms +/- functional limitation		6
	4.3	Return to near normal likely – asymptomatic + full return of function		8
Consequence of delay >6 months (for patient, dependents or community)	5.1	Little risk will deteriorate over next 6 months		0
	5.2	Considerable risk will deteriorate and result in increased disability during next 6 months		7
	5.3	Likely to progress to major complication during next 6 months with increased clinical costs e.g impending fracture or structural failure		24
Specialists Signature:		Date:	Patients Total Score:	

Patient's Details
Sticker Here

**ORTHOPAEDIC
CPS
SCORING TOOL**