

Staff Service Recognition Celebration

Julie Christophersen, registered nurse at Tauranga Hospital Paediatric Outpatients celebrates 30 years of service



Special Edition June 2011

Welcome to your Special Edition of Check Up paying tribute to our long service staff. Don't miss the Tauranga Gym Open Day and your chance to apply for the Innovation Awards.



Checkup

Bay of Plenty District Health Board staff news

SWEAT

STAFF WELLNESS EXERCISE AND TRAINING

OPEN DAY FRIDAY JUNE 24

SWEAT, the staff gym at Tauranga Hospital is the place to be this winter to ensure you keep fit and don't gain those winter kilos.

SWEAT manager Marcus Vercoe says there is nothing better than a Zumba, Circuit, Boxfit, Spin or Pump class to get the blood pumping and the sweat flowing. In contrast Balance, a unique combination of Pilates and Yoga is also available at the gym.

Marcus is showing off the gym with an Open Day on Friday June 24 with special classes running from 10am to 5.45pm.

SWEAT has been part of the scenery on the Tauranga campus for nine years and during that time state-of-the-art gym equipment and the latest group fitness programs have been introduced.

Marcus says personal trainers and experienced group fitness instructors have helped to make SWEAT the best little gym in town. The staff are friendly and knowledgeable and work hard to make sure that members receive a fantastic experience with every visit to the gym.

With the convenience of an easy walk, from any building on the Tauranga campus, and costing only \$5 a week, staff can easily improve and maintain their health and fitness on campus.

You can book your own personal trainer, or join one of the group fitness classes which are held every day of the working week and at different times during the day.

These classes don't cost any more than the \$5 weekly membership fee and all the classes are run by qualified and experienced instructors.

Classes cater for every fitness level, from the new group fitness gym-goer through to the advanced athlete.

Low entry-level classes allow people to feel completely at ease with the environment and experience, while getting the benefits and enjoyment of exercising in a group of people at a similar fitness level.

For the more athletic members there are classes that will push your fitness levels to the maximum, allowing you to get fitter, and fitter and fitter.

Marcus invites everyone to come and have a look at SWEAT on the Open Day. You may like to watch one of the fitness classes, or bring your gear and join in the special Open Day 30 minute sessions.

SWEAT is open 5am to 8pm seven days a week. You will find the gym behind Jacaranda House, next to the Medical Library.

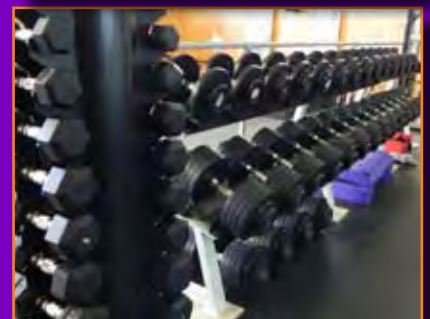


OPEN DAY EVENTS:

10:00am to 10:30am	Introduction to Spin
11:30am to 12noon	Balance (Yoga/Pilates)
12:15pm to 12:45pm	Zumba
3:45pm to 4:15pm	Balance (Yoga/Pilates)
5:15pm to 5:45pm	Zumba



Marcus will be in the gym, all day, to answer any questions about SWEAT, or if you can't make the Open Day he can be contacted through email staff.wellness@bopdhb.govt.nz by phone ext 8723 or you can click on the SWEAT icon on the front page of PACentral to find out more about the gym, the classes and the staff.



Staff Service Recognition Programme

by Maxine Griffiths, staff engagement leader

The Staff Service Recognition Programme is the Bay of Plenty District Health Board's way of saying thank you to its employees for their dedication and loyalty. A letter of thanks from the Chief Executive on behalf of the Organisation is sent at one, two and five year anniversaries and for those who have reached 10 years, and then every following five years a presentation and celebratory afternoon tea is arranged on an annual basis.



The Staff Service Recognition Programme was introduced with the support of the Board, by our current Chief Executive and Executive Team Members following feedback from the Pulse Survey which indicated that staff felt the Organisation could do better at conveying recognition and thanks to its employees.

Celebrations were commenced at Tauranga and Whakatane in 2007 for long serving employees who had reached 10, 15, 20, 25, 30, 35 and 35+ milestones. Our 35+ years employees are recognised annually at the awards until they leave the Bay of Plenty District Health Board. Those attending are encouraged to invite up to two family members or friends and colleagues to celebrate with them.

At the ceremony, 10 and 15 year employees are presented with a certificate by the Board Chair and Chief Executive and employees who have served 20 years or more, also receive a gift. This is followed by cutting of a cake by one of the employees and a mix and mingle opportunity at afternoon tea.

The cutoff date for determining those who qualify for long service recognition is made at 28 February each year. This can mean that people who commenced employment after 28 February in a qualifying year, will be carried over until the following year and will, in effect, have undertaken another year before being officially recognised.

As the programme has only been running for four years, it will take a little time before employees within the five yearly blocks, are captured.

Records since implementation of the awards, indicate there is a proportion of the invitees who do not attend. The organisation values its long serving employees and encourages participation. Some of the following FAQs and answers may assist

Q Will my Manager be present?

A The forms accompanying invitation ask who the recipient reports to. That Manager is advised and invited to attend to celebrate with their staff member.

Q How long does the ceremony last for?

A The celebration usually commences at 2.30 pm and closes at 4.30 pm.

Q Am I able to take the time off work?

A The organisation encourages participation in the Awards celebration. It is recommended that employees discuss attendance in a timely manner with their Manager so that consideration of staffing numbers for the day can be made, if required.

Q I have colleagues who have been here longer than I have. Why have they not been recognised?

A The recognition dates are in five yearly blocks. As the programme has only been running for four years and with a large number of employees, there is some catching up to do, but if they qualify, these colleagues will be recognised at their next closest five year anniversary.

Q I have actually worked here 11 years. Why was I not recognised last year?

A If criteria is met, this should only occur if the 10 year anniversary date was after the cutoff date of 28 February of the qualifying year in which case it would be picked up in the next year's formal recognition process.

Q I am very shy. Would I feel comfortable attending the Ceremony?

A It is understood that not all people may feel comfortable being publically recognised but the ceremony is very relaxed and friendly as are the presenters. It is also a good opportunity to mix and mingle with staff you may not have met before. Talking to your Manager about the ceremony would provide more information and support.

Q I would like to attend the ceremony but do not want my name or length of service published. Is this possible?

A This is entirely possible, but is taken as meaning that and you do not wish your name or length of service in print. It would therefore not be listed in the programme on the day.

Q What happens to the photographs that are taken of me on the day?

A The formal presentation photo will be printed and a copy issued to you in a keepsake folder. A copy for record will also be retained in the HR event photo album. Other photographs taken with family / guests are made available.

Q If I am receiving 20 years recognition, do I qualify for long service leave?

A Staff Recognition criteria differs to that for Long Service Leave, HR Staff are happy to review and advise.

Staff Service Recog



And the awards go to...



On May 4 and 12 we paid tribute to staff who have reached milestones in their service as employees at the BOPDHB.

The 2011 Staff Recognition Awards were held in Tauranga on May 4 at The Sebel Trinity Wharf and Whakatane on May 12 at the Liberty Centre.

At each ceremony the cake was cut by some of the longer serving employees - Ronnie Kouka in Whakatane for 35 years of service and Julie Christophersen in Tauranga for 30 years service.

We congratulate all our recipients and thank them for their contributions to the organisation's success. Here are some photos from both events.

Tauranga



From right, Julie Christophersen, registered nurse in Paediatric Outpatients celebrating 30 years of service with Sally Webb, BOPDHB Chair.

30
years
service



SCBU nurses from left, Marian Wordsworth 20 years; Janice Watson 15 years and midwife Shelley Bosma 15 years



Lesley Watkins, Planning & Funding with her mother Ann

20
years
service



From left, Rehill Harpur, case manager CMH and Hester Hattingh coordinator Alcohol & Drug Service

15
years
service



Stephen Lane, registered nurse, Community Mental Health with his son Caven

20
years
service



Eddie Ashcroft health protection officer/water assessor

37
years
service



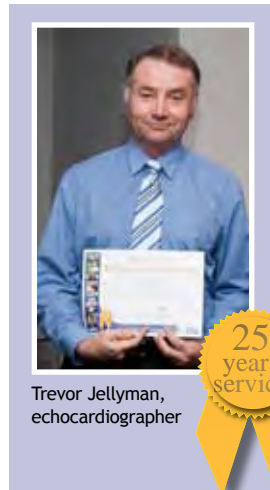
Brian Pointon, Planning & Funding

15
years
service



Ted Harper, Employee Health & Safety manager

10
years
service



Trevor Jellyman, echocardiographer

25
years
service



Shirley Nelson, registered nurse, ICU/CCU

20
years
service

Initiation AWARDS 2011



Whakatane



Ronnie Kouka, cleaner with Phil Cammish



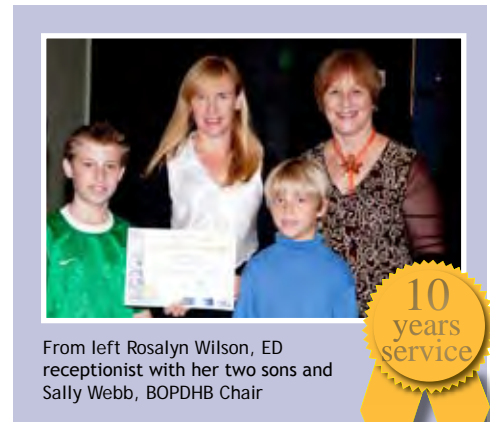
Members of the Community Mental Health team



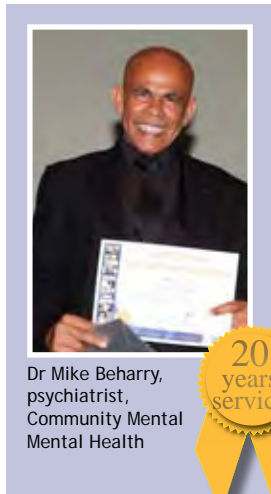
Members of the Regional Maori Health Team



From left, Dr Dharmalingham Ramadas celebrating 20 years service with his wife Gnani



From left Rosalyn Wilson, ED receptionist with her two sons and Sally Webb, BOPDHB Chair



Dr Mike Beharry, psychiatrist, Community Mental Health



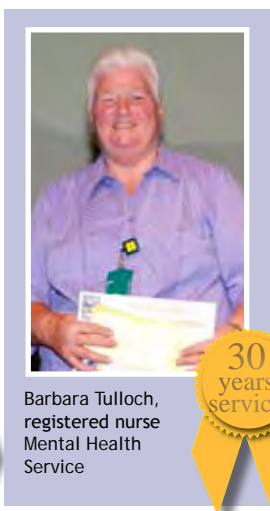
From left, Fiona Burns 15 years; Denise Robertson 25 years with Julie Chapman



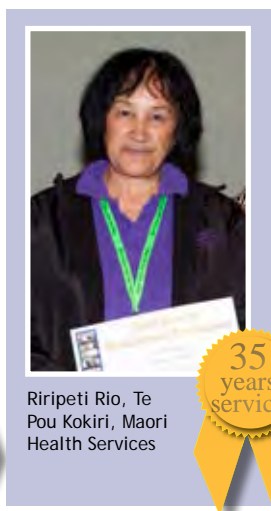
Marlene Emeny-Hall, registered nurse, ED with her family



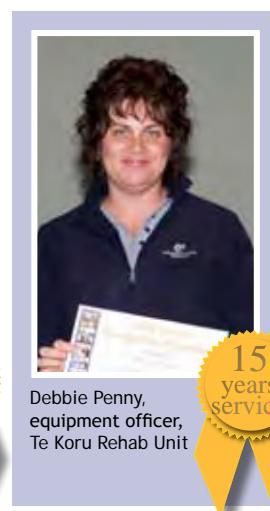
Denise Robertson registered nurse/ duty manager



Barbara Tulloch, registered nurse Mental Health Service



Riripeti Rio, Te Pou Kokiri, Maori Health Services



Debbie Penny, equipment officer, Te Koru Rehab Unit



Julie Moore, registered nurse, Day Stay Unit/ SAU

Bay of Plenty Clinical School 2011 Innovation Awards

Applications are now open for DHB Employees and Health Service Contractors to enter the BOP Clinical School Innovation Awards 2011

These awards showcase innovative initiatives completed within the last two years and facilitate:

- Recognition of individuals/groups/services positive contribution to service improvement in their organisation
- Recognition of the quality of the projects
- Communication of the initiatives to the whole DHB and wider community

Entering the Awards involves: submitting an Application Form, detailing an abstract of the innovation and if shortlisted to the final six, presenting for 10 minutes to an audience and judging panel.

Entry Criteria

1. The Awards are open to BOPDHB employees and all providers whose health services are funded by BOPDHB.
2. The innovation needs to be related to a service, facility or process funded by BOPDHB.
3. The innovation is outlined as a brief abstract on the Application Form. Only two pages of additional information can be added. The Applications will be short-listed based on the information in the abstract.
4. No late entries will be accepted.
5. The innovation requires to be completed with tangible results.

Groups or services can enter as well as individuals.



Last years winners - Pauline McQuoid & Carolyn Woolerton

Prizes are grants to attend educational events

1st prize \$4,000

2nd prize \$3,000

3rd prize \$2,000

Peoples Choice Award \$1,000

The money can be used to attend any course, conference or educational initiative. It can cover course/conference fees, travel, accommodation and expenses associated with the course/conference. It cannot buy equipment.

Presentations will occur on Thursday October 6, 2011 at Mills Reef, Tauranga from 5.00pm onwards. Dinner will be provided. Winners will be announced on the night.

	2010 WINNERS Applicant/Organisation/Service	Initiative
1 st prize	Pauline McQuoid & Carolyn Woolerton, Medwise Ltd (External)	Medwise - making medicines work
2 nd prize	Dr Graeme Porter (on behalf of C Wong, G Porter, C Young & J Tisch), Cardiology Dept	Outcome & Prognostic factors of 57 cases of infective endocarditis in a single non-metropolitan centre
3 rd prize	Lesley Warner, Medical	The Transitional Active Care Scheme, Improving the Fractured Journey
People's choice	Paul Mason & Marty Bubb, Mental Health & Addiction Service	Getting it right in left field
Finalists	Phil Shoemack & Annaka Davis, Toi Te Ora	Is it safe, Doc? Avoiding Delhi belly in Tauranga Moana
	Marja O'Connor, Eastern Bay PHO (External)	Community Based COPD Rehabilitation (using the 5 Dimensions of Quality)
	Fiona Montgomery, Dr Andrew Wilkinson, Dr Erick Riedl & Sharon Linwood, Mental Health Services for the Older Persons	Assessment Tool Development for levels of Specialist Dementia Care
	Carole Williams, Shirley Robb & Cindi Gover, Anaesthesia & Surgical	6 Week Certainty

Applications close 5:00pm, Friday August 19, 2011



Information and application forms are available on www.bopdhb.govt.nz under Training & Research>ClinicalSchool>Innovation Awards

'Finger on the pulse'

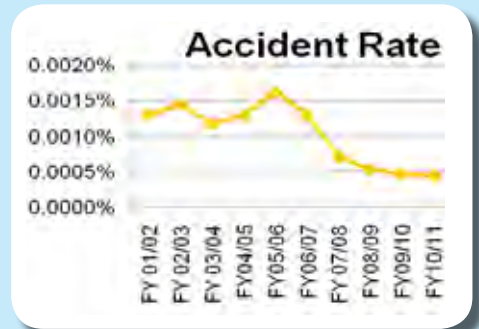
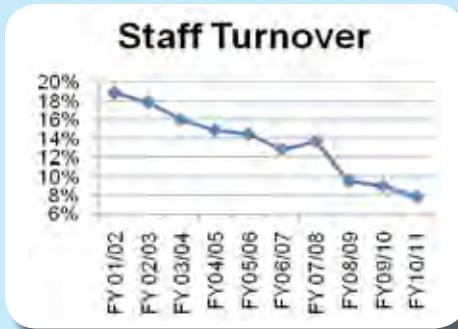
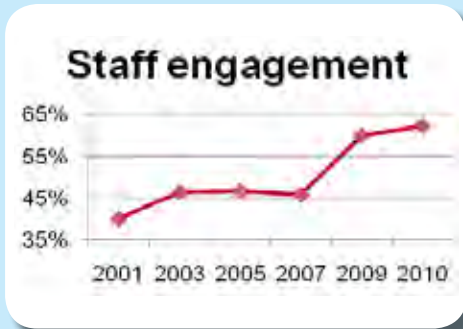
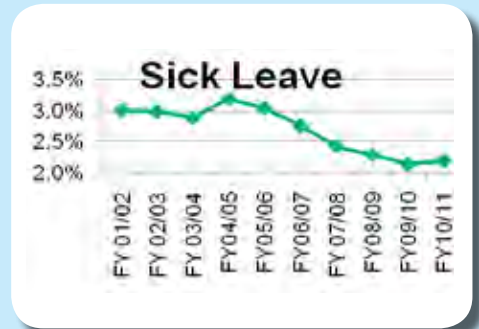
By Maxine Griffiths, staff engagement leader

The Bay of Plenty District Health Board wants to be an employer of choice for staff and believes this can only be achieved by listening to its staff and targeting those areas that will make a difference to the health of the workplace and the recruitment and retention of staff.

The latest Pulse Survey was undertaken in November 2010 and whilst all areas of

engagement are improving, staff indicated there was still room for improvement in some areas.

Feedback meetings have been held with all Executive Team Members and Cluster Leaders and their direct reports from which Action Plans are being developed to address staff's identified areas for improvement. The next step is to revisit these action plans in three months time to gauge the progress made. The organisation is listening and wants to make a difference.



The answers to your health concerns

By Ted Harper,
Employee Health and Safety manager

From making healthy diet choices to how to keep our hearts in shape, many of us face these types of questions every day. On June 24 staff at the Tauranga campus will have the opportunity to hear from experts on how to reduce the impact of health issues on our daily lives. Health professionals will also provide an insight into what to do if we face problems.

Everyone is welcome to come along to one of the talks being held in the Nikau Room. There's no need to book in - just turn up on the day...

Sandra Richie, Heart Health Advocate
Know your numbers
10.00am to 10.30am

Nan McKenzie, Cardiac Rehabilitation
Exercise for a healthy heart
10.30am to 11.00am

Dave Harper, Retirement for Men and being involved in community projects
Men's shed
11.30am to 12.30pm

Sue Dean, Dietitian
Healthy diet choices and cholesterol
1.00pm to 1.30pm

Dr Anna Rolleston
Exercise for a healthy heart
2.00pm to 2.30pm

Informal discussion
2.30pm to 3.00pm





Band Aid Club

The very Last time until Daylight savings resumes theme night

RETRO AEROBICS



Friday 24 June 2011

Licensed from 4.00pm to 6.30pm

(Note: No supply of alcohol after 6.30pm)

Located at the Wellness Centre

(Gym by Library)

Prizes for best Richard Simmons - Jane Fonda
and overall best 80's Aerobics' outfit

FREE
Pizza &
Music

FREE PIZZA and MUSIC
(Includes some
Vegetarian options)

A further option is that you
are welcome to bring along
your Team with your own
food platter and join with
colleagues to celebrate the
end of another busy week.

BOPDHB Employees, Contractors &
Partners are welcome

CASH SALES ONLY

Contribute to Checkup

Checkup is the newsletter for Bay of Plenty District Health Board staff. We endeavour to include all articles and story ideas that are submitted to us, within the available space. Please do not be discouraged if we are unable to publish your article in the month that you supply it. If you would like to contribute articles to Checkup, or want to suggest a story, email communications advisor Rebecca Silvester via rebecca.silvester@bopdhb.govt.nz

Please send stories as word documents and photographs attached as high resolution jpeg files.